



COPY POINTS

- EVENT:** Life Healthy Lifestyle Expo, presented by Aiken Regional Hospital
- DATE:** Saturday, May 22, 2010
- PLACE:** USC Aiken Convocation Center on Highway 118 across from the USC Aiken Campus.
- TIME:** 10:00AM – 5:00PM
- TICKETS:** FREE ADMISSION. For additional information please call 803-643-6901.
- DETAILS:** Aiken’s premiere Health and Lifestyle expo will feature a fun-filled day of healthy living festivities for the CSRA. Aiken Regional Hospital will provide health screenings and demonstrations throughout the day, such as blood pressure checks, glaucoma screenings, vision screenings, PSA testing, healthy cooking demonstrations every hour, and more! Adventure Aiken will spice up the expo with some bold and daring activities, such as rock climbing, camping demonstrations, outdoor outfitters, and more. Natural Awakenings Magazine of the CSRA will bring you a holistic approach to health with some new age ideas. The Wild Turkey Federation will be holding the first kids’ JAKES event in Aiken in ten years! WJBF TV personalities will be on hand to meet you throughout the day, and one person will be crowned Aiken Idol during our Aiken Idol competition!